

Langtang Valley Trekking - 10 Days

Introduction to Langtang Valley Trek

The mountains are here forever, but we don't have such a long life to put things off for tomorrow. So, if you are thinking of hiking to the beautiful mountainside in Nepal, then the Langtang Valley is the right trekking destination. With our 10-day Langtang Valley trekking, you travel to remote Nepal and get a chance to interact with indigenous people from different cultures. So, why wait for the right time and day if you want to go on a brief adventure in the mountains? This is the best Langtang Valley Trek package for you. Pack your bag and take a ride to one of the best trekking destinations in Nepal.

Major Highlights

- Short and scenic trek near Kathmandu Valley
- Ideal for beginners and those with limited time
- Less crowded with off-the-beaten-path trails
- Trek to Kyanjing Gompa for majestic views of Langtang Himal
- Interact with the local Tamang and other indigenous communities
- Visit Monasteries, traditionally stone houses and wooden porches
- Rich in flora and fauna such as Himalayan monal (Nepal's national bird) and Krishna Peacock (Nepal's national butterfly) plus chances to spot red panda if you're lucky
- Visit the famous Yak Cheese Factory in Kyanjin Gompa

Natural Experiences with Langtang Valley Trek Package

The Langtang Valley is filled with mesmerizing views of the belt of the Langtang Himalayas. It has a relatively untouched diversity of flora and fauna, beautiful landscapes, and waterfalls. And you can experience the purest side that nature offers. Also, the trek to the Langtang region opens up the gateway to the unprecedented kingdom of the great Himalayas.

The place is rich in natural beauty; majestic waterfalls, mesmerizing diverse landscapes, deep forests of bamboo, oak, and blooming rhododendrons. The Himalayas in the Langtang Valley also provide shelter to old villages rich in culture. As well, beautiful paddy terraces and many monasteries are full of welcoming smiles.

If you are lucky, you will get to see the rare snow leopard, red panda, or at least some Langoor monkeys with the Langtang Valley Trekking.

Why Langtang Valley Trekking?

Langtang Rasuwa, one of the closest trekking destinations to Kathmandu, offers an unrivaled combination of natural beauty and cultural riches. The people in these places are mostly Tamang and Tibetan, whose culture goes back hundreds of years. The craftsmanship, dress, traditionally built stone houses, and beautifully carved wooden porches reflect the solitude and serenity of the Himalayan scenery.

Langtang is one of the best destinations on the short trek. It is moderate in difficulty level. It is most popular among trekkers looking for a wonderful trekking experience within a short time. The trail is also near Kathmandu city, some 165 km to the north of Kathmandu. Besides, **Langtang Valley Trekking** is easy to plan and execute in a week-long stay.

If you have already been there, then there is also an alternative way to Langtang Valley Trek, which starts with an hour's drive to [Sundarijal](#).

From Sundarijal, you will hike through Shivapuri National Park to Chisapani, Kutumsang, Tharepati, Sherpagaun, Tarkeghyang, Shermathang, and back to Kathmandu.

If you have a few more days for trekking, you can walk to Gosainkunda Lake, a sacred lake in the mountain's lap with the Langtang Gosainkunda Trek.

Itinerary

Day 01: Arrival in Kathmandu

A hearty welcome to the land of natural beauty and the city of temples, Kathmandu, the capital city

of Nepal. As soon as you come out of the airport terminal, you will see our team member standing by your nameplate and the company's name. He will receive you with a warm welcome and assist you with a vehicle to reach your booked hotel in Kathmandu. Then, there will be a brief description of the

Langtang Valley Trek Itinerary.

If you arrive at the Thamel early, have some time, then can go shopping or visit Thamel. Get relaxed and prepare for the sightseeing trip the next day. Spend a comfy night at the hotel.

Accommodation: Hotel

Meal: Breakfast (Included)

Day 02: Drive to Syabru Besi (1,462m/4,795ft) Duration: 6-7 Hours

After having breakfast, our guide will pick you up and take you on a ride to Syabru Besi. We cover 122 km of distance within 6-7 hours of the time. The drive may be irregular, and bumpy along with unpaved roads, but still worth it because of the beautiful scenery that follows us. Above all, we will have the most adorable scene of the perennial Trishuli River.

From Trishuli, we drive to Dhunche and finally to Syabru Besi. Once you reach Syabru Besi, the scenic view of Bhote Koshi Valley and the Himalayas, including the Annapurnas, Manaslu, Ganesh Himal, and the peaks of the Langtang region will spice things up.

Tonight, spend a comfortable night at the lodge.

Day 03: Syabru Besi to Lama Hotel (2,500m/8,210ft) Duration: 5-6 Hours

Today, your trekking days in the Langtang Valley Trek itinerary will begin. We will begin the trek from Syabru Besi. The distance from Syabru Besi to Lama Hotel is about 11.3 km. After breakfast, we walk towards Lama Hotel crossing the Bhote Koshi River, and Langtang Khola. During the day, you will climb uphill until Dovan for two hours. Then to Pairo for about an hour. After enjoying the views from Pairo, we go on an hour hike to Bamboo. We also trek along the Langtang National Park. Thus, if you are lucky, you may also get a glimpse of rare animals like red pandas and Himalayan black bears.

From bamboo, we continue the Langtang trek journey, passing through beautiful rhododendron and the oak forest. After about 1 hour and 15 minutes, we will reach Rimche. Last, the Lama Hotel is about a 20-minute hike from Rimche.

The Langtang journey from Syabru Besi to Lama Hotel takes you to the Tibetan culture and lifestyle.

You will explore the vibrant culture and lifestyle of the local Tamang people. Besides, the trail crosses streams, suspension bridges, and breathtaking waterfalls. Thus, today, you will have a great trekking day full of natural scenery.

Tonight, stay and relax at a hotel. Enjoy the tasty food and prepare for tomorrow's trek to Langtang village.

Accommodation: Hotel

Meal: Breakfast, Lunch, and Dinner (Included)

Day 04: Lama Hotel to Mundu via Langtang Village (2,470m/8,103ft) Duration: 6 Hours

Today we will walk to an elevation of 2470 at the Mundu. We will cover 14.7 km of distance via the Langtang village.

After breakfast, we prepare for our trek to Mundu. Remember, the most fascinating and outstanding view of the mountains is on the way.

Throughout the journey, you will get insights into the local lifestyle of Tamang and other communities. Likewise, you will have the experience of rare wildlife and different species of flora, which is the most spectacular impact of your journey. Moreover, the eye-catching views of the Langtang Lirung, Ganesh Himal, Naya Kanga, and Dorje Lakpa keep your stick to them all the time.

After about 6-7 hours of hike, you will reach Mundu. The Earthquake that hit Nepal in 2015 demolished the place. However, they have fought back and built amazing hotels and lodges for tourists to stay in. Tonight, spend quality time at the provided accommodation.

Day 05: Trek to Kyanjing Gompa (3,798m/12,495ft) Duration: 4-5 Hours

Today is one of the most exciting days in the entire Langtang Valley Trek. After breakfast, we begin our hike, gradually climbing uphill. We walk along the yak pastures with the most influential view of the beautiful surroundings. Besides, we walk along the Sindum and Yamphu villages, crossing several streams and moraines, which adds a unique flavor to the popular trekking route.

Throughout the journey, we see different Buddhist shrines, prayer wheels, and prayer flags. The other most interesting part of the trail is the Buddhist Mani wall made of stones of distinct shapes and sizes with some important religious mantras.

The route takes us through Laja Khola, which provides panoramic views of Kyanjin Gumpa and icefall from Lirung and Kinshung. The spectacular ice faces and tumbling glaciers of Langtang Lirung are the most graceful and the most astounding site of this trip. After an eminent hike of 5 hours, we reach Kyanjin Gumpa. Tonight, relax and spend quality time at a guest house near Kyanjin Gumpa.

Day 06: Langtang Day Hike to Chorkari Ri (5,050 m) Duration: 5-6 hours.

This is the major highlight day of the entire Langtang Valley Trek. Today, we will spend a relaxing tour around the Kyanjin Gumpa.

Early in the morning, the guide will take you to a place with the most splendid scene of Kyanjin Gumpa and the surrounding mountains.

The surroundings of Kyanjin Gumpa offer astonishing views of Langtang Lirung, Genjempol, and Kenga Himal ranges, and Ganjala Peak. We will also walk to the cheese factory to taste the famous yak cheese.

Then, we resume our Langtang hiking journey with a hike to Chorkari Ri (5050m). The trail leads you to the stunning views of the Himalayas, green lush forest, and several streams. We get to see the wonderful Langtang Peak. Just to the right of Langtang Lirung is the amazing scene of Changbu and Yubra separated by a large glacier with a steep gradient. To the Northeast, Yalla Peak adds its ethereal beauty.

After the sight view, we walk back to the village to spend the night at a lodge.

Day 07: Kyanjin Gumpa to Lama Hotel (2,500m/8,210ft) Duration: 4-5 Hours

After breakfast, we will descend to the Lama Hotel. You will pass through a familiar path having the most spectacular view of nature, mountains, hills, streams, glaciers, yak grazing, alpine forests, and many others. As we descend, we stop at the lodge for refreshment and relaxation, and to enjoy the delicious food. The trek may be steep downhill at some points, so be more cautious while you descend. Passing down, we try to cover some spectacle sight which we missed earlier. Capture pictures and videos of the surrounding lake, beautiful pine forest, village people, and the children playing. Overnight, stay at a guesthouse.

Day 08: Lama Hotel to Syabru Besi (1,462m/4,795ft) Duration: 5-6 Hours

Start the day with the astonishing sunrise view over the hills. This will be another simple downhill trek of around 5-6 hours.

Completing breakfast, we begin our journey back to Syabru Besi with the eye-catching views of the Himalayas. To get to Syabru Besi either we consider our way back through the same path crossing pine, rhododendron forest, Bamboo, and rivers, or explore your day to Langtang Valley and move through an alternative route. This will be another simple downhill trek of around 5-6 hours.

Anyway, our guide will help you out with what to do based on the temperature, climate, strength, and season you come. Whatever the route we select, we go down to Syabru Besi and stay at the guesthouse tonight.

Day 09: Drive to Kathmandu (Duration 6-7 hours)

Today, leaving the peaceful Syabru Besi, we drive back to Kathmandu.

Along our way back to Kathmandu, we will have spectacular views of the beautiful Himalayas, rivers, and hills. Besides, you will pass through several villages, farms, small shops, fruit sellers, and pleasant views of Majestic Mountain, waterfalls, paddy fields, and the woods, which won't let you be bored in the vehicle.

After seven hours of drive, we reach Kathmandu. Take a hot shower, relax, and remember the days we spent in the Langtang. In the evening, you can stroll around Thamel exploring the vibrant culture, or buy some souvenirs for your family.

Tonight, spend your comfy night in the hotel.

Day 10: End of the Langtang Valley Trek (Farewell)

Our Langtang trip itinerary ends today. It's an honor for us to take you to the Langtang village. Thank you for your support during the trip. Hope you have enjoyed the trek. We hope you had a great time

here in Nepal. May your journey be free from stress and you reach your home town safely.

On this last day, our officer will drop you at the International airport 3 hours earlier than your flight time.

We will bid you bye and hope to meet again.

Cost Details

What's Included

- ✓ Airport transfers—pick up and drop in a private vehicle
- ✓ All ground transportation in a private vehicle (Car or a Jeep)
- ✓ Your accommodation in a 3-star category hotel in Kathmandu with a breakfast plan
- ✓ Your accommodation in the best guesthouses available (on a sharing basis) during the trek
- ✓ Breakfast, lunch, and dinner throughout the Langtang trekking journey
- ✓ All paper works
- ✓ National Park and Heritage Sites entry tickets
- ✓ Trekkers Information Management System (TIMS) and trekking permits
- ✓ A licensed, English-speaking, experienced guide along with a porter (1 for two clients)
- ✓ All the costs of guide and porter, including accidental insurance
- ✓ Duffel bag, and sleeping bags (to be returned to us after the Langtang trek)
- ✓ T-shirts, a route map, and a travel completion certificate
- ✓ All applicable government taxes and service charges.
- ✓ First aid kit

What's Not Included

- ✗ Meals (lunch and dinner) in Kathmandu
- ✗ International airfare
- ✗ Nepal entry visa fees (USD 50 for a [tourist visa](#), and it can be obtained at the airport in Kathmandu on arrival!)
- ✗ Travel Insurance
- ✗ Personal refreshment items like cold drinks, snacks, etc.
- ✗ Personal utility items like laundry, telephone expenses, electricity charges, etc.
- ✗ Personal Langtang trekking gear.
- ✗ Tips for guides and porters